

The Treatment of Non-synostotic Plagiocephaly and Brachycephaly in Infants

ACTRN12605000023651

Status RECRUITING
Sponsor Professor Ed Mitchell, University of Auckland.
Enrollment 308 participants

Plain Language Summary

This study looks at the best way to treat babies who have a flattened or asymmetrical head shape (called plagiocephaly or brachycephaly) that is not caused by the skull bones fusing too early. Researchers want to find out whether certain positioning techniques and helmets or other devices can help correct head shape in infants.

You may be eligible if:

- Your baby is under 12 months of age
- Your baby has been diagnosed with non-synostotic plagiocephaly (flat head on one side) or brachycephaly (flat head at the back)

You may NOT be eligible if:

- Your baby has craniosynostosis (skull bones fused too early)
- Your baby has congenital abnormalities
- Your baby is older than 12 months
- Your family lives outside the Auckland, Counties Manukau, or Waitemata District Health Board areas, or plans to move
- Your baby is already using a Safe T Sleep sleep positioning device

Talk to your doctor about whether this trial might be right for you.

Key Eligibility Criteria

Inclusion (1)

- Any child under 12 months of age, and diagnosed with non-synostotic plagiocephaly or brachycephaly

Exclusion (1)

- Craniosynostosis, congenital abnormalities, older than 12 months, residing (or planning to move) outside Auckland, Counties Manukau, or Waitemata District Health Board areas, currently using a Safe T Sleep sleep positioning device.

Locations (1 total)

New Zealand

<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12605000023651>

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