

Twin Birth Study

ACTRN12606000267550

Status	RECRUITING
Phase	Phase 3
Sponsor	Maternal, Infant and Reproductive Health Research Unit
Enrollment	2,800 participants

Plain Language Summary

This study is comparing planned vaginal birth with planned caesarean section (C-section) for women pregnant with twins, when the first twin is in the head-down position. In many hospitals, twins are automatically delivered by C-section, but this trial aims to find out whether a planned vaginal birth is just as safe for both mother and babies when the conditions are right.

You may be eligible if:

- You are pregnant with twins
- The first twin (twin A) is positioned head-down
- You are between 32 and 38 weeks pregnant
- Both babies are alive
- Each baby is estimated to weigh between 1,500 and 4,000 grams

You may NOT be eligible if:

- Your twins share one amniotic sac (monoamniotic twins)
- Either baby has a life-threatening abnormality
- There is a medical reason why labour or vaginal birth is not safe for you

Talk to your doctor about whether this trial might be right for you.

Key Eligibility Criteria

Inclusion (1)

- Twins where twin A is cephalic, gestational age 32-38 weeks, estimated fetal weight 1500-4000g, both twins alive.

Exclusion (1)

- monoamniotic twins, lethal fetal anomaly, contraindication to labour or vaginal birth.

Locations (1 total)

Canada