

Improving the psychological wellbeing of family caregivers of home based palliative care patients: A randomised controlled trial

ACTRN12608000621314

Status	RECRUITING
Sponsor	Centre for Palliative Care Education and Research, St Vincent's Hospital
Enrollment	300 participants

Plain Language Summary

This study is for family members or friends who are caring for someone with cancer receiving palliative (end-of-life) care at home. Caring for a loved one with serious illness is emotionally and physically demanding. This study tests a support program designed to help carers feel more prepared and confident in their role, reduce emotional distress, and increase positive feelings about caring. The program involves a combination of home visits and telephone calls from a trained counsellor.

You may be eligible if:

- You are the primary (main) carer for a family member with cancer who is receiving home-based palliative care
- You are 18 years of age or older
- You can read and write English

You may NOT be eligible if:

- The person you are caring for does not have cancer
- You are unable to read or write English

Talk to your doctor about whether this trial might be right for you.

Key Eligibility Criteria

Inclusion (1)

- Primary carers of patients who are admitted to home based community palliative care services. Patients must have cancer and a primary caregiver/next of kin (NOK). Carers must be over 18 years and be able to read and write English.

Exclusion (1)

- Patients who do not have cancer and/or do not have a primary caregiver/NOK. Carers who are unable to read and write English

Locations (1 total)

Australia