

# Obesity and worsening of chronic venous disease and joint mobility

ACTRN12610000761066

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**Status** RECRUITING  
**Sponsor** Cleusa Ema Quilici Belczak  
**Enrollment** 100 participants

## Plain Language Summary

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This study is looking at the relationship between obesity and two specific health problems: reduced ankle joint mobility and chronic venous disease (poor circulation in the leg veins that can cause varicose veins, swelling, and leg ulcers). Researchers will measure ankle joint movement and classify vein health in 100 obese patients to see if there is a link between body weight and these conditions.

You may be eligible if:

- You are between 21 and 80 years old
- You are obese, with a body mass index (BMI) over 30

You may NOT be eligible if:

- You have an active infection that would make assessment unsafe

Talk to your doctor about whether this trial might be right for you.

## Key Eligibility Criteria

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### Inclusion (1)

- obese patients with body mass index (BMI) > 30.

### Exclusion (1)

- patients with infectious conditions that hamper the assessment.

## Locations (1 total)

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Parana, Brazil