

# Concord Falls and Bone Service Study: An evaluation of the effectiveness of a specialist service on reducing falls in community dwelling older people who have fallen.

ACTRN12610000838011

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<b>Status</b>	RECRUITING
<b>Sponsor</b>	Centre for Education and Research on Ageing
<b>Enrollment</b>	400 participants

## Plain Language Summary

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This study is testing whether a hospital-based specialist falls and bone service does a better job at preventing falls and treating osteoporosis in older adults than enhanced care by a regular family doctor. Older adults who have fallen at least once in the past year will be randomly assigned to either the specialist service or enhanced GP care, and followed for 12 months.

You may be eligible if:

- You are 65 years of age or older
- You have had one or more falls in the past 12 months
- You live in the community (house, apartment, retirement village, or hostel)
- You can move around independently, with or without a walking aid
- You plan to stay in the study area for the next 12 months
- You have seen a GP in the past 12 months

You may NOT be eligible if:

- Your MMSE (memory test) score is below 20 out of 30
- You have a terminal illness with less than 12 months life expectancy
- You have Parkinson's disease or another brain-affecting condition
- You have had a comprehensive geriatric assessment in the past 12 months
- You cannot understand information or consent in English

Talk to your doctor about whether this trial might be right for you.

## Key Eligibility Criteria

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### Inclusion (4)

- One or more fall in the preceding 12 months
- Community dwelling (house, flat, retirement village, hostel)
- Independently mobile with or without walking aids
- Resident within the study area for the following 12 months

### Exclusion (8)

- Cognitive impairment MMSE <20/30
- Terminal illness with life expectancy less than 12 months
- Parkinson's Disease or other neurodegenerative conditions
- Unable to understand participant information or consent in English
- Comprehensive Geriatric Assessment in the preceding 12 months

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... and 3 more (see full listing online)

<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12610000838011>

## Locations (1 total)

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Australia

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DISCLAIMER: This document is for informational purposes only and does not constitute medical advice. Always consult your healthcare provider before enrolling in any clinical trial. Information may not be up to date — verify details at anzctr.org.au. Generated by ClinicalTrialsFinder.org.