The rehabilitation of glenohumeral Range of Motion in Patients with Frozen Shoulder: A Comparison Between Conventional Therapy, Placebo and 'SCENAR' Electrical Stimulation Therapy.

ACTRN12611000680965

Status	RECRUITING
Sponsor	University of the Sunshine Coast
Enrollment	40 participants

Plain Language Summary

This study tests whether SCENAR electrical stimulation therapy — a device that delivers gentle electrical signals to the skin — can improve shoulder movement in people with frozen shoulder (also called adhesive capsulitis). Frozen shoulder causes pain and stiffness that can severely limit arm movement. Participants will receive either real SCENAR therapy, a similar-looking placebo device, or conventional physiotherapy over 12 weeks, and their shoulder range of motion will be measured.

You may be eligible if:
- You are between 18 and 65 years of age
- You have been diagnosed with frozen shoulder

You may NOT be eligible if:
- You are pregnant
- You have a pacemaker
- You have a tumour
- You have a cognitive impairment, intellectual disability, or mental illness that would prevent you from understanding instructions

Talk to your doctor about whether this trial might be right for you.

Key Eligibility Criteria

Inclusion (1)

- Patients must present with frozen shoulder.

Exclusion (1)

- Pregnancy, Pacemakers, Tumours, Any cognitive impairment, intellectual disability or mental illness that affects their ability to understand written and verbal instructions.

Locations (1 total)

Australia