

# Pelvic organ prolapse suspension and stapled transanal rectal resection in treatment of obstructing defecation

ACTRN12613000606785

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**Status** RECRUITING  
**Sponsor** University of Alexandria  
**Enrollment** 80 participants

## Plain Language Summary

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This study is comparing two surgical procedures for elderly patients with obstructed defecation — difficulty emptying the bowel, often due to weakened pelvic floor muscles and internal rectal prolapse. One approach operates through the abdomen using a laparoscope (keyhole surgery) to lift and secure the rectum, while the other approach works through the anal canal using a stapler device to remove excess rectal tissue. Researchers want to find out which method produces better results in older patients.

You may be eligible if:

- You are 70 to 85 years old
- You have symptoms of obstructed defecation or faecal incontinence
- You have been diagnosed with perineal descent (a dropped pelvic floor)

You may NOT be eligible if:

- There are no specific exclusion criteria listed for this study

Talk to your doctor about whether this trial might be right for you.

## Key Eligibility Criteria

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### Inclusion (3)

- elderly males or females
- Perineal descent
- symptoms of obstructed defecation and/or fecal incontinence

### Exclusion (1)

- no exclusions

## Locations (1 total)

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Alexandria, Egypt