

The effectiveness of Triple P - Positive Parenting Program for Chinese parents in Mainland China

ACTRN12613000660785

Status	RECRUITING
Sponsor	Dr Alina Morawska (The primary supervisor of Mingchun Guo)
Enrollment	80 participants

Plain Language Summary

This study is testing whether an evidence-based parenting program called Triple P (Positive Parenting Program) is effective for Chinese parents in Mainland China. Triple P teaches parents strategies to manage children's behaviour, reduce stress, and support learning. Researchers in Shanghai are running the group version of the program and will compare parents who receive it to those on a waiting list. They are especially interested in whether it also helps children with their academic performance and stress.

You may be eligible if:

- You are a parent aged 25 or older currently living with your child
- Your child is in Grade 1, 2, or 3 of primary school
- You are worried about your child's academic learning
- You can read and write Chinese

You may NOT be eligible if:

- Your child has a health condition or disability, including intellectual or learning disabilities
- You do not live with your child
- You are already receiving ongoing support from another program or professional regarding your child's learning

Talk to your doctor about whether this trial might be right for you.

Key Eligibility Criteria

Inclusion (4)

- (1) Parents are currently living together with their children;
- (2) Parents need to report being worried about child's academic learning;
- (3) Child of parents is studying in grade 1 - 3 of primary schools;
- (4) Parents are literate in Chinese and can read and write Chinese.

Exclusion (3)

- (1) Parents or carers having a child with health problems or disabilities (including intellectual and learning disabilities);
- (2) Parents or carers do not live currently with their child;
- (3) Parents or carers are currently receiving on-going support from other programs or professionals in regards to their child's learning.

Locations (1 total)

Shanghai, China

<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12613000660785>

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