

Comparing to see if picosalax in combination with low residue diet is as good for bowel cleanliness and better tolerated than current bowel preparations used for morning colonoscopies.

ACTRN12613000765729

Status	RECRUITING
Sponsor	Alfred Hospital
Enrollment	250 participants

Plain Language Summary

This study is comparing two ways of preparing the bowel before a morning colonoscopy. One method uses a low-volume laxative called Picosalax together with a simple white (low-residue) diet the day before. The other method uses currently standard full bowel preparation regimens. Researchers want to find out if the simpler, lower-volume preparation cleans the bowel just as well but is easier for patients to tolerate.

You may be eligible if:

- You are 18 years or older
- You are having an outpatient colonoscopy for a clinically accepted reason (e.g., bowel cancer screening, polyp surveillance, unexplained symptoms, investigation of inflammatory bowel disease)

You may NOT be eligible if:

- You have suspected bowel perforation, severe colitis, or bowel blockage
- You are pregnant or breastfeeding
- You have severe kidney failure (eGFR below 30) or severe heart failure
- You have phenylketonuria or G6PD deficiency
- You have a known allergy to any component of the bowel preparation solutions

Talk to your doctor about whether this trial might be right for you.

Key Eligibility Criteria

Inclusion (2)

- Consenting adult patients (aged 18 years and greater) undergoing outpatient colonoscopy for clinically accepted indications.
- Clinically accepted indications generally include but are not restricted to iron deficiency anaemia, surveillance of bowel polyps, colorectal cancer screening, assessment of symptoms such as abdominal pain, diarrhoea and constipation, assessment or investigation of inflammatory bowel disease.

Exclusion (3)

- They are suspected bowel perforation, gastric outlet obstruction, toxic megacolon, severe colitis, and pregnancy or lactation.
- For additional safety, will also exclude patients with the relative contraindications of significant renal failure (eGFR<30) significant heart failure (New York Heart Association Class III or IV).
- Prep-Kit C is contraindicated in individuals with phenylketonuria, due to the presence of aspartame and patients with Glucose-6-Phosphate Dehydrogenase (G6PD) deficiency given it contains ascorbic acid (vitamin C) which is an oxidant. Any person with a known hypersensitivity to a constituent of Picoprep, Glycoprep or Picosalax will also be excluded.

Locations (1 total)

The Alfred - Prahran, VIC, Australia

<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12613000765729>

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