

Cry Baby: evaluation of an online program for parents.

ACTRN12613001098729

Status	RECRUITING
Sponsor	Parenting Research Centre
Enrollment	100 participants

Plain Language Summary

This study tests an online program called Cry Baby designed to help parents of newborns manage infant sleep and crying problems. Crying and sleep difficulties are very common in babies in the first few months of life and can be very stressful for parents. The Cry Baby program provides evidence-based strategies for handling these issues through an interactive website. Researchers also want to find out whether adding weekly email support from the research team helps parents use the program more and stick with it longer.

You may be eligible if:

- You are a parent or caregiver aged 18 years or older
- Your baby was born at or after 33 weeks of pregnancy and is less than 12 weeks old
- Both you and your baby are in good health without serious medical conditions
- You have sufficient English literacy to complete the study materials
- You are male or female

You may NOT be eligible if:

- You are under 18 years old
- Your baby is more than 12 weeks old
- Your baby was born before 33 weeks gestation
- You or your baby have a serious medical condition requiring a high level of care

Talk to your doctor about whether this trial might be right for you.

Key Eligibility Criteria

Inclusion (5)

- (a) Over 18 years of age.
- (b) Have a new born infant less than 12 weeks of age at recruitment.
- (c) Have a new born infant born at 33 weeks (or more) gestation.
- (d) Parent and infant free from serious medical conditions that require high level medical care.
- (e) Sufficient English literacy for completion of study materials.

Exclusion (5)

- (a) Under 18 years of age.
- (b) Have an infant over 12 weeks of age.
- (c) Have an infant born less than 33 weeks gestation.
- (d) Parent and/or infant have a serious medical condition.
- (e) Insufficient English for completion of study materials.

Locations (1 total)

ACT,NSW,NT,QLD,SA,TAS,WA,VIC, Australia

<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12613001098729>

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