

A Randomised Trial of Circle of Security as a Parenting Support Program for Multiproblem Families

ACTRN12614000908639

Status RECRUITING
Sponsor Griffith University
Enrollment 80 participants

Plain Language Summary

This study tests whether a parenting program called Circle of Security — delivered through DVD-based sessions — can improve the relationship between parents and young children in families facing multiple challenges. The program is designed to strengthen the emotional bond and attachment between parent and child.

You may be eligible if:

- You are a parent or caregiver of a child between 1 and 6 years old
- You are experiencing difficulties in your relationship with your child

You may NOT be eligible if:

- There are no formal exclusion criteria for this study

Talk to your doctor about whether this trial might be right for you.

Key Eligibility Criteria

Inclusion (1)

- Parents of children aged 1 to 6 years, experiencing relationship difficulties.

Exclusion (1)

- nil

Locations (1 total)

QLD, Australia