

Physiotherapists prescribing medications to manage pain in emergency departments and outpatient clinics

ACTRN12615000525583

Status	RECRUITING
Sponsor	QEII Jubilee Hospital
Enrollment	2,500 participants

Plain Language Summary

This study is testing whether specially trained physiotherapists can safely prescribe a limited range of pain medications for patients attending emergency departments and outpatient clinics with musculoskeletal injuries. The goal is to make pain management faster and more efficient without needing to wait for a doctor.

You may be eligible if:

- You are 18 years of age or older
- You have a musculoskeletal condition such as a sprain, strain, tendon problem, or arthritis
- You are attending an emergency department or outpatient clinic for this condition
- You are able to give informed consent and follow study instructions

You may NOT be eligible if:

- You have an open wound or active infection
- You have an inflammatory condition (e.g., rheumatoid arthritis) as the main reason for your visit
- You have cancer, cardiovascular disease, metabolic disease, or a central nervous system disorder as the primary problem
- You have a serious spinal injury (e.g., cauda equina syndrome) or acute head injury
- You have altered or lost consciousness, breathing difficulty, or abdominal pain
- You are pregnant
- Your injury involved high energy (e.g., a fall from height)

Talk to your doctor about whether this trial might be right for you.

Key Eligibility Criteria

Inclusion (5)

- Male or female aged 18 years and over
- There is a requirement to prescribe medication to the extent necessary for the physiotherapist to practice physiotherapy,
- Peripheral musculoskeletal injuries / conditions / symptoms: sprains, strains, suspected simple fractures, subacute and chronic tendinitis, tendinosis, tenosynovitis, bursitis, tenovaginitis (trigger finger, DeQuervain's) and osteoarthritic arthritic joint disease OR Musculoskeletal pain of spinal origin
- Ability to provide informed consent and accurately follow the instructions of the researcher
- Attending emergency department or outpatient clinics for the management of their musculoskeletal condition

Exclusion (15)

- Open wounds
- Infection
- Active Inflammatory disease as the primary reason for intervention (i.e. rheumatoid disease and the seronegative arthritides)
- Neoplastic disease as the primary reason for intervention
- Cardiovascular disease as the primary reason for intervention

<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12615000525583>
and 10 more (see full listing online)

DISCLAIMER: This document is for informational purposes only and does not constitute medical advice. Always consult your healthcare provider before enrolling in any clinical trial. Information may not be up to date — verify details at anzctr.org.au. Generated by ClinicalTrialsFinder.org.

Locations (5 total)

Royal Brisbane & Womens Hospital - Herston, QLD, Australia

Cairns Base Hospital - Cairns, QLD, Australia

The Prince Charles Hospital - Chermside, QLD, Australia

... and 2 more locations