

# The Persistent Pelvic Pain (PPP) Study: Factors influencing the outcomes in women presenting with persistent pelvic pain

ACTRN12616000150448

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Status	RECRUITING
Sponsor	Prof Sonia Grover
Enrollment	250 participants

## Plain Language Summary

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This study follows women who attend a gynaecology clinic for persistent pelvic pain to better understand what affects their recovery. Researchers are trying to identify which patients respond best to which treatments — whether physical, surgical, or psychological. Questionnaires about pain, quality of life, and emotional wellbeing will be collected at the start and every six months for at least three years.

You may be eligible if:

- You are a woman between 18 and 50 years old
- You have been referred to a gynaecology clinic for pelvic pain, painful periods, painful sex, or lower abdominal pain

You may NOT be eligible if:

- You are actively trying to become pregnant or being investigated for infertility
- You have a large ovarian cyst or endometrioma (greater than 4 cm)
- You have previously had a hysterectomy

Talk to your doctor about whether this trial might be right for you.

## Key Eligibility Criteria

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### Inclusion (1)

- A longitudinal study including women aged 18 – 50 years with persistent pelvic pain, referred to a tertiary gynaecology hospital.

### Exclusion (1)

- Women are to be excluded if they are actively trying to conceive, are under investigation for infertility, have recent ultrasound evidence of a large (>4cm) complex ovarian cyst or endometrioma, or have a past history of hysterectomy.

## Locations (1 total)

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Mercy Hospital for Women - Heidelberg, VIC, Australia