

# Electroanalgesia in the therapeutic approach of the inspecific chronic neck pain in Primary Care. Randomised controlled trial.

ACTRN12616000964415

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**Status** RECRUITING  
**Sponsor** University of Seville  
**Enrollment** 50 participants

## Plain Language Summary

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This study is for people with chronic neck pain that has lasted for a long time and has no specific structural cause (called non-specific chronic neck pain). It tests whether combining electrical therapy — called Interferential Therapy (IFT), which uses gentle electrical currents to reduce pain — with supervised exercises works better than supervised exercises alone.

You may be eligible if:

- You are between 18 and 65 years old
- You have chronic, non-specific neck pain
- You do not have metallic implants in your spine
- You are comfortable with the idea of electrical therapy

You may NOT be eligible if:

- You have metallic implants in your spine
- You are anxious or unwilling to try electrical therapy
- Your neck pain is caused by a different condition such as cervical myelopathy, stenosis, or a nerve problem
- You have unexplained fever, or pain from an internal organ rather than the neck
- You have had neck surgery that is still causing persistent pain

Talk to your doctor about whether this trial might be right for you.

## Key Eligibility Criteria

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### Inclusion (3)

- Chronic Neck Pain
- Non Metallic Implants in the Vertebral Column.
- Non apprehension to electrotherapy

### Exclusion (9)

- Metallic Implants in the Vertebral Column.
- Apprehension to electrotherapy
- Non Cervicogenic Headache.
- Non Cervicogenic Dizziness.
- Neck pain associated with neurological deficit.

... and 4 more (see full listing online)

## Locations (1 total)

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Seville, Spain

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<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12616000964415>

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