

How do side effects influence perceived drug effectiveness?

ACTRN12616001176459

Status	RECRUITING
Sponsor	The University of Auckland Masters Programme Funding
Enrollment	80 participants

Plain Language Summary

This study is exploring whether experiencing side effects from a medication changes how effective people believe it is — and whether that belief actually changes their body's response. Researchers will use a nasal spray (which is actually a placebo) with different levels of a mild irritant to see if stronger sensations make people feel the spray is working better. It's testing the power of the mind-body connection in medicine.

You may be eligible if:

- You are between 18 and 65 years old
- You are generally healthy
- You can read and understand English
- You do not have a diagnosed lung condition like asthma or COPD

You may NOT be eligible if:

- You smoke
- You have a diagnosed illness affecting your breathing
- You take antidepressants or beta blockers
- You use bronchodilator (asthma-type) medications

Talk to your doctor about whether this trial might be right for you.

Key Eligibility Criteria

Inclusion (1)

- Healthy participants who are able to understand and write in English

Exclusion (5)

- smoker
- diagnosed illness (e.g. asthma/COPD)
- taking antidepressants
- taking beta blockers
- taking bronchodilator medications

Locations (1 total)

Auckland, New Zealand

<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12616001176459>

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