

# Assessment of tooth movement with different types of orthodontic removable retainers in patients who have had orthodontic treatment

ACTRN12616001268437

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**Status** RECRUITING  
**Sponsor** Australian Foundation for Orthodontic Research and Education  
**Enrollment** 30 participants

## Plain Language Summary

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This study is comparing different types of removable retainers used after completing Invisalign orthodontic treatment. Researchers will measure how much teeth move over 3 and 6 months after braces are removed, and ask participants how comfortable and satisfied they are with their retainer using a questionnaire and a smartphone app.

You may be eligible if:

- You are over 15 years old
- You have completed at least 9 months of Invisalign treatment
- You have all permanent teeth (except wisdom teeth)
- You have been prescribed only removable retainers (no fixed wire retainer)
- You own a smartphone (iPhone 4S or later, or Android 4.0.3 or later)

You may NOT be eligible if:

- You have been prescribed a fixed (bonded) retainer

Talk to your doctor about whether this trial might be right for you.

## Key Eligibility Criteria

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### Inclusion (6)

- (1) Participant is over 15 years of age
- (2) Participant and/or parent signed consent form
- (3) Full permanent dentition present, excluding second and third molar teeth
- (4) Completed Invisalign for minimum of 9 months
- (5) Been prescribed upper and lower removable retainers only (no fixed retainer)
- ... and 1 more (see full listing online)

### Exclusion (1)

- (1) Participant receiving a fixed retainer

## Locations (1 total)

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VIC, Australia

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<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12616001268437>

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