

# Parent Education for Developmental Literacy (PEDaL) Pilot Study: Neonatal nursery education program for improving parent knowledge of infant development.

ACTRN12617001596392

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<b>Status</b>	RECRUITING
<b>Sponsor</b>	South Australian Health and Medical Research Institute
<b>Enrollment</b>	40 participants

## Plain Language Summary

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This study tests an education program for parents of very premature babies (born before 32 weeks) to help them better understand their baby's development. The program — called PEDaL — starts while the baby is in the neonatal nursery and continues for a few weeks after going home. Researchers want to see if better-informed parents can support their baby's brain development more effectively.

You may be eligible if:

- You are a parent of a baby born at less than 32 weeks of pregnancy who is currently in the neonatal nursery
- You are able to give informed consent and engage with the program
- You are available to participate in your baby's care during their hospital stay

You may NOT be eligible if:

- You do not have sufficient English to understand the study information
- You have triplets or higher-order multiples
- Your baby has a significant brain bleed or major neurological impairment
- Your baby has a birth defect affecting brain development
- Your baby is receiving palliative (end-of-life) care
- Your baby is under government guardianship

Talk to your doctor about whether this trial might be right for you.

## Key Eligibility Criteria

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### Inclusion (3)

- Parents with an infant inborn at the Women's and Children's Hospital at less than 32 completed weeks' gestation and currently inpatient in the Neonatal Nursery.
- Able to give informed consent.
- Registered nurses and midwives, physiotherapists, doctors and social worker responsible for patient care delivery in the neonatal nursery.

### Exclusion (8)

- Parents with insufficient English to comprehend the study information sheet
- Parents of triplets or higher order multiples
- Parents of infants under the guardianship of the minister (GOM 18)
- Parents of infants receiving palliative care
- Parents of infants with a diagnosis of neonatal abstinence syndrome
- ... and 3 more (see full listing online)

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<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12617001596392>

DISCLAIMER: This document is for informational purposes only and does not constitute medical advice. Always consult your healthcare provider before enrolling in any clinical trial. Information may not be up to date — verify details at [anzctr.org.au](http://anzctr.org.au). Generated by [ClinicalTrialsFinder.org](http://ClinicalTrialsFinder.org).

