

Multidisciplinary assessment at dialysis entry (MADE) study

ACTRN12618000190202

Status	RECRUITING
Sponsor	Royal Adelaide Hospital
Enrollment	160 participants

Plain Language Summary

This study is looking at the overall health needs of people who are starting dialysis for end-stage kidney disease. Starting dialysis is a major life change that affects not just physical health but also mental wellbeing, nutrition, and ability to function day-to-day. Participants will complete questionnaires and physical tests over their first 6 months of dialysis to help researchers understand what support is needed and how to develop better care routines for new dialysis patients.

You may be eligible if:

- You have end-stage kidney disease
- You are starting haemodialysis or peritoneal dialysis for the first time
- You are beginning dialysis through the Central Northern Area Renal and Transplant Service (CNARTS) at Royal Adelaide Hospital

You may NOT be eligible if:

- You only have acute (short-term) kidney disease, not chronic end-stage disease
- You are starting dialysis at a rural clinic
- You are unable to understand English

Talk to your doctor about whether this trial might be right for you.

Key Eligibility Criteria

Inclusion (3)

- End Stage Kidney Disease
- Commencing haemodialysis or peritoneal dialysis
- Commencing in the Central Northern Area Renal and Transplant Service (CNARTS)

Exclusion (3)

- Acute Kidney Disease only
- Commencing dialysis in a rural clinic
- Unable to understand English

Locations (3 total)

The Royal Adelaide Hospital - Adelaide, SA, Australia
The Queen Elizabeth Hospital - Woodville, SA, Australia
Hampstead Rehabilitation Centre - Northfield, SA, Australia

<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12618000190202>

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