

Tuning in to Kids: Comparing three methods of delivery of a program to parents of children with behaviour difficulties

ACTRN12618000310268

Status RECRUITING
Sponsor University of Melbourne
Enrollment 400 participants

Plain Language Summary

This study is testing three different ways of delivering a parenting program called Tuning in to Kids (TIK) — individually (one-on-one), in a group, and online — for parents of children aged 3 to 10 who are experiencing behaviour problems. TIK teaches parents to coach their children through emotions so that kids learn to understand and manage their feelings better. The study aims to find out which delivery method works best and for which families, compared to a control group that receives no program during the study period.

You may be eligible if:

- You are a parent with a child aged 3 to 10 years
- You feel your child has behaviour problems

You may NOT be eligible if:

- Your child has a known intellectual disability
- Your child has a diagnosis of autism spectrum disorder or a pervasive developmental disorder
- Your child has a severe communication disorder
- You do not have sufficient English to participate in the program and questionnaires

Talk to your doctor about whether this trial might be right for you.

Locations (1 total)

VIC, Australia