

# Active Recovery in Rehabilitation Environments: A descriptive study of patient activity in inpatient rehabilitation units.

ACTRN12618000352202

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**Status** RECRUITING  
**Sponsor** Rosalyn Stanton  
**Enrollment** 50 participants

## Plain Language Summary

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This observational study is looking at how active and engaged patients in inpatient rehabilitation units are during their stay — including their physical movement, thinking activities, and social interactions. Researchers will track these activities at two different time points: at the existing rehabilitation facilities (The Canberra Hospital and Calvary Public Hospital) and later at a brand-new rehabilitation facility (University of Canberra Hospital). The aim is to understand how the design of a building and the way care is delivered can affect how much time patients spend doing activities that support their recovery.

You may be eligible if:

- You are 18 years or older
- You are a new patient admitted to the inpatient rehabilitation unit during the data collection period
- You have any condition requiring rehabilitation
- You are expected to stay at least 14 days

You may NOT be eligible if:

- There are no exclusion criteria for this study

Talk to your doctor about whether this trial might be right for you.

## Key Eligibility Criteria

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### Inclusion (6)

- This study occurs in two phases - the existing sites and the new site
- Any new patient admitted to the inpatient rehabilitation unit over the data collection phase March - May 2018 (convenience sample)
- any condition requiring rehabilitation
- anticipated length of stay of at least 14 days
- Equivalent 3 month data collection period
- ... and 1 more (see full listing online)

### Exclusion (1)

- None

## Locations (3 total)

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The Canberra Hospital - Garran, ACT, Australia  
Calvary Public Hospital ACT - Bruce, ACT, Australia  
The University of Canberra Hospital: Specialist Centre for Rehabilitation, Recovery and Research - Bruce, ACT, Australia

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<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12618000352202>

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