

Tuning in to Kids Together: Exploring a parenting program designed for parents raising children together with the focus of improving children's emotions and behaviours.

ACTRN12618000504213

Status RECRUITING
Sponsor University of South Australia
Enrollment 120 participants

Plain Language Summary

This study is evaluating a modified version of the Tuning in to Kids (TIK) parenting program, adapted so that both parents can attend together. TIK has strong evidence for helping parents become more emotionally supportive of their children, which improves children's ability to manage their feelings and reduces behavioural problems. This new version, called Tuning in to Kids Together, adds a focus on the co-parenting relationship — how couples work together as a parenting team.

Parents will complete online surveys before, immediately after, and 6 months after completing the program. Their children's teachers will also provide ratings of the child's emotional and behavioural functioning. The study is exploring whether the program is feasible to deliver and whether it improves outcomes for both parents and children.

You may be eligible if you are a couple raising a child aged 3–10 together and both of you are able to attend the parenting sessions as a pair. Families where the child has a known intellectual disability, pervasive developmental disorder, or severe communication disorder are not eligible, nor are parents who do not have sufficient English to complete questionnaires.

Locations (1 total)

NSW,WA,VIC, Australia