

Inhaler technique mastery and maintenance in general medical practitioners: Easy Low Instruction Over Time (Dr ELIOT)

ACTRN12618001478202

Status RECRUITING
Sponsor Woolcock Institute of Medical Research
Enrollment 232 participants

Plain Language Summary

Millions of Australians use inhalers to manage asthma and COPD, but research consistently shows that most people — including patients and the healthcare workers advising them — use inhalers incorrectly. Poor technique means the medication does not reach the lungs properly, leaving the condition under-controlled. General practitioners (GPs) prescribe inhalers frequently, but how well do they actually know how to use them?

This study, run by the Woolcock Institute of Medical Research, tests what level of training is needed for GPs to reliably demonstrate correct inhaler technique. Participating GPs will receive different amounts and types of training, and their technique will be assessed before, immediately after, and some time following the training to see how well it is retained.

To be eligible you need to be a registered and practicing GP in New South Wales. Importantly, GPs who personally have asthma or COPD and use an inhaler themselves cannot participate, as this could influence their baseline technique. There are no patients involved in this study — it is about educating and assessing the healthcare providers themselves.

Key Eligibility Criteria

Inclusion (3)

- Informed consent is obtained before conducting any study related procedures.
- The participant is a registered and practicing GP in NSW.
- The participant must be willing and able to comply with study restrictions and to remain at the study site for the required duration during the study period, and willing to return to the site for the follow-up evaluation as specified in this protocol.

Exclusion (1)

- Participants will be excluded from the study if they have asthma or COPD or use an inhaler themselves.

Locations (1 total)

NSW, Australia