

FIT for purpose: personalised surveillance colonoscopy for people at increased risk of colorectal cancer.

ACTRN12619001743156

Status	RECRUITING
Sponsor	Flinders University of South Australia
Enrollment	4,500 participants

Plain Language Summary

This study is looking at a smarter, more personalised way to schedule colonoscopy check-ups for people who are at higher-than-average risk of developing bowel cancer. Bowel cancer screening usually involves regular colonoscopies on a fixed timetable, but this research explores whether a simple yearly stool test (called a FIT, or faecal immuno-chemical test) can safely allow some people to wait a bit longer between colonoscopies. If your FIT result comes back negative (meaning no blood detected in your stool), the study suggests it may be safe to extend the time before your next colonoscopy.

Participants in this study are already enrolled in the SCOOP surveillance program in Adelaide and have previously had either a polyp (adenoma) found during a colonoscopy or have a significant family history of bowel cancer. Half the participants will continue with their usual scheduled colonoscopy, while the other half will have theirs extended by one-third of the usual interval, with annual FIT tests for safety monitoring.

You may be eligible if you are 18 or older, are part of the SCOOP program, have at least a three-year gap between your colonoscopies, and have had a negative FIT result in the past three years. People with inflammatory bowel disease, a familial cancer syndrome, or who have had bowel cancer surgery are not eligible.

Key Eligibility Criteria

Inclusion (10)

- Inclusion Groups 1 & 2:
 - Males and females enrolled in the SCOOP clinical CRC surveillance program.
 - Aged older than 18 years.
 - Individuals who have either had a previous colonoscopy finding of adenoma or those with a significant family history of colorectal cancer (CRC).
 - Individuals with a colonoscopy surveillance interval of at least three years.
- ... and 5 more (see full listing online)

Exclusion (5)

- Individuals under 18 years of age.
- Individuals with a familial syndrome or inflammatory bowel disease (IBD).
- Individuals who have had bowel cancer surgery with resection.
- Individuals with the indication for colonoscopy being a positive interval FIT.
- Individuals with a colonoscopy surveillance interval less than three years.

Locations (5 total)

Flinders Medical Centre - Bedford Park, SA, Australia
Noarlunga Health Service - Noarlunga Centre, SA, Australia
Tennyson Centre Day Hospital - Kurraita Park, SA, Australia

and 2 more locations
<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12619001743156>

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