

Exploring the outcomes of a 'Loud and Proud' maintenance group following treatment for speech difficulties associated with Parkinson's disease

ACTRN12620000157976

Status RECRUITING
Sponsor Bentley Health Service
Enrollment 30 participants

Plain Language Summary

Parkinson's disease often affects the voice, making speech quieter, less clear, and harder for others to understand. A well-established speech therapy called LSVT LOUD trains people with Parkinson's to speak louder by thinking about and practising volume. Over time, though, the gains from intensive therapy can fade. This study is looking at whether a 'Loud and Proud' maintenance group program — which people attend after completing LSVT LOUD or its less intensive version, LSVT X — can help sustain or rebuild those speech improvements.

Twenty participants will attend the group sessions and researchers will track changes in speech loudness and quality over time, including how cognitive skills influence results. Multiple baseline measurements are taken to make sure any improvements are genuinely linked to the therapy.

You may be eligible if you have a Parkinson's disease diagnosis, completed either LSVT LOUD or LSVT X between 6 months and 2 years ago, and are on a stable medication routine. People who cannot understand written or spoken English, have significant cognitive impairment, or have another neurological condition alongside Parkinson's are not eligible.

Locations (3 total)

Bentley Health Service - Bentley, WA, Australia
Osborne Park Hospital - Stirling, WA, Australia
Armadale Kelmscott Memorial Hospital - Armadale, WA, Australia