

# Prospective Registry of Knee Pathology in private practice

ACTRN12620000183987

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| <b>Status</b>     | RECRUITING         |
| <b>Sponsor</b>    | Timothy Lording    |
| <b>Enrollment</b> | 2,500 participants |

## Plain Language Summary

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This is a long-term registry study tracking outcomes for patients who receive treatment for knee conditions from a single specialist surgeon at Melbourne Orthopaedic Group. If you have a knee problem — such as instability, arthritis, or another condition — and you are being treated by this surgeon, your results over time (pain, function, quality of life, and any complications) will be recorded and studied.

The goal is to build a database that helps doctors better predict which patients do well after different treatments, and which factors might put someone at risk of a poor outcome. Data is collected as part of your normal care through questionnaires before and after your treatment.

You are automatically included if you are 16 or older, have a qualifying knee condition, and receive treatment at this practice. You can opt out at any time. The only people excluded are those whose mental health conditions prevent them from completing questionnaires. This type of ongoing registry helps improve the quality of knee care for future patients.

## Key Eligibility Criteria

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### Inclusion (3)

- Knee conditions eligible for one of the prespecified cohorts: Knee Instability, Knee Arthritis (eligible for total knee replacement), Knee Osteotomy, or other primary pathologies (ie. Knee General).
- Undergoing treatment by the consulting surgeon at Melbourne Orthopaedic Group.
- Received information package associated with opt-out consent process.

### Exclusion (2)

- Clinically diagnosed mental/neurological illness (indicated on GP referral, or identified through secondary referral to psychiatric/neurological specialist) that precludes retrieval of patient feedback via interview, paper or electronic questionnaire (e.g., schizophrenia, dementia, Alzheimer's Disease, personality disorder)
- Revocation of consent for research use of personal data

## Locations (1 total)

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VIC, Australia

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<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12620000183987>

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