

# SOFARI Clinical Outcomes Registry

ACTRN12620000331932

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<b>Status</b>	RECRUITING
<b>Sponsor</b>	Sydney Orthopaedic Foot and Ankle Research Institute (SOFARI)
<b>Enrollment</b>	50,000 participants

## Plain Language Summary

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Foot and ankle problems — from bunions and arthritis to tendon disorders and nerve pain — can significantly affect how you walk and your quality of life. This clinical registry tracks the outcomes of patients receiving treatment for a wide range of foot and ankle conditions at a specialist orthopaedic practice in Sydney, providing detailed long-term data on what works and what doesn't.

As a registry study, there is no experimental treatment — participants simply receive the care that their surgeon recommends and complete questionnaires about their pain, function, and quality of life at baseline and at follow-up appointments over up to 5 years. The data helps clinicians understand real-world outcomes and improve future treatment decisions.

You may be eligible if you are a private patient attending Drs Michael Symes or Andrew Wines for a foot or ankle condition. The registry uses an 'opt-out' consent approach — you receive an information sheet and are included unless you choose not to be. People with mental or neurological conditions that prevent completing questionnaires or those who revoke consent are excluded.

## Key Eligibility Criteria

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### Inclusion (6)

- Private patients attending for treatment of foot and ankle pathologies by principal investigators.
- Eligible for one of the following prespecified diagnoses:
- Ankle arthritis; Ankle arthrofibrosis; Osteochondral lesions of talar dome and tibial plafond;
- Lateral ligament instability; Syndesmotic instability; Posterior ankle impingement; Subtalar osteoarthritis; Achilles tendinosis; Tibialis posterior tendon dysfunction; Peroneal tendinopathy; Tarsal tunnel syndrome; Tarsometatarsal joint osteoarthritis;
- 1st metatarsophalangeal joint arthritis; Hallux valgus deformity (bunions); Claw and hammertoe deformities; 2/3 and 3/4 Morton's neuromas; Ingrown toenails; Or other foot and ankle pathologies.

... and 1 more (see full listing online)

### Exclusion (2)

- Clinically diagnosed mental/neurological illness (indicated on GP referral, or identified through secondary referral to psychiatric/neurological specialist) that precludes retrieval of patient feedback via interview, paper or electronic questionnaire (e.g., schizophrenia, dementia, Alzheimer's Disease, personality disorder)
- Revocation of consent for research use of personal data

## Locations (1 total)

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NSW, Australia

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<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12620000331932>

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