

# Arthroplasty Outcomes in Regional Australia (AORA) A clinical quality registry of patients with hip and knee arthritis treated in a regional area

ACTRN12620000796987

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| Status     | RECRUITING         |
| Sponsor    | Dr Sam Martin      |
| Enrollment | 5,000 participants |

## Plain Language Summary

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This is a registry study — not a treatment trial — designed to track the outcomes of people undergoing hip or knee joint replacement surgery at clinics in regional Australia. The goal is to better understand what factors predict a good result after joint replacement, including things like age, other health conditions, the type of surgery, and how patients rated their own pain and function before the operation.

Participants will complete questionnaires before their surgery and at follow-up appointments over the next two years, covering topics like pain, movement, ability to kneel, quality of life, and whether their expectations were met. This information will help surgeons and healthcare planners understand how to improve joint replacement outcomes, particularly in regional areas where access to specialist care may differ from city centres.

You may be eligible if you have been diagnosed with hip or knee arthritis and are seeing one of the participating orthopaedic surgeons at their consulting rooms. There are very few exclusions — essentially anyone 18 or older with hip or knee arthritis who is able to complete questionnaires can participate. This study involves no extra procedures — just questionnaires on top of your usual care.

## Key Eligibility Criteria

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### Inclusion (2)

- Diagnosed with knee or hip arthritis
- Undergoing consultation by the investigators/consultant orthopaedic surgeons

### Exclusion (2)

- Clinically diagnosed mental/neurological illness (indicated on GP referral, or identified through secondary referral to psychiatric/neurological specialist) that precludes retrieval of patient feedback via interview, paper or electronic questionnaire
- Revocation of consent for use of personal data for research purposes.

## Locations (1 total)

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NSW, Australia

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<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12620000796987>

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