

Can a successive implementation intervention that is informed by learnings from an initial trial further increase and sustain the routine provision of antenatal care addressing alcohol consumption during pregnancy?

ACTRN12622000295741

Status RECRUITING
Sponsor University of Newcastle
Enrollment 6,525 participants

Plain Language Summary

Drinking alcohol during pregnancy carries risks for both mother and baby, yet many pregnant women are not being asked about their alcohol use at prenatal appointments or given appropriate advice. This Australian study is working to change that by improving how maternity services routinely address alcohol during antenatal care.

Building on an earlier trial, this study delivers a fresh round of implementation support to maternity clinics — including reminders, training, and facilitation — to help staff consistently ask about alcohol, give advice, and refer women who need further support. Researchers will measure whether these efforts lead to lasting improvements in care.

You may be eligible to participate in the survey component if you are a pregnant woman aged 18 or older, between 12 and 37 weeks pregnant, who has recently attended an antenatal appointment at one of the participating maternity services. Women who are under 18, very early or late in pregnancy, receiving only private care, or have had a pregnancy loss are not eligible.

Key Eligibility Criteria

Inclusion (6)

- All maternity service staff will participate in the implementation intervention as part of routine service improvement and will be offered the opportunity to participate in surveys post the intervention.
- All pregnant women who attended an initial antenatal visit, 28 weeks gestation visit or 36 weeks gestation visit in the past week with a participating maternity service will be eligible for participation in study surveys based on the following criteria:
- Aged 18 years or older.
- More than 12 weeks and less than 37 weeks' gestation at time of the appointment.
- English sufficiently proficient to complete a survey.

... and 1 more (see full listing online)

Exclusion (1)

- Pregnant women will be excluded if they are determined by clinical discretion to be inappropriate to contact for the telephone/online survey (e.g. medical or social issues). Women will not be sampled if they are less than 18 years of age, less than 12 weeks or over 37 weeks' gestation, are receiving antenatal care via a private provider, or have given birth or had a negative pregnancy outcome (e.g. miscarriage).

Locations (6 total)

John Hunter Hospital - New Lambton, NSW, Australia
Belmont Hospital - Belmont, NSW, Australia
Manning Rural Referral Hospital (Taree) - Taree, NSW, Australia

... and 3 more locations

<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12622000295741>

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