

The SA Long COVID Study

ACTRN12622000718741

Status	RECRUITING
Sponsor	Central Local Adelaide Health Network
Enrollment	300 participants

Plain Language Summary

Long COVID refers to a wide range of symptoms that continue or develop after the initial COVID-19 infection and persist for 12 weeks or more. Even people who had only a mild COVID illness can be affected. Symptoms vary enormously from person to person and can include persistent fatigue, breathlessness, brain fog, joint and muscle pain, heart palpitations, problems with smell and taste, and mental health difficulties such as depression and anxiety.

This observational study in South Australia aims to better understand the clinical picture of Long COVID — what symptoms people experience, how their fitness and quality of life are affected, and what treatments are being used. By using standardised questionnaires developed across the world, researchers hope to gather consistent, useful data that will help clinicians identify and manage Long COVID more effectively.

You may be eligible if you are 18 years or older, had a confirmed COVID-19 diagnosis, and are at least 3 months from the onset of your illness with symptoms that have persisted for 2 months with no other explanation. People who are unable or unwilling to attend study visits or provide consent are not eligible.

Key Eligibility Criteria

Inclusion (3)

- Age 18 years or older
- SARS-CoV-2 by nucleic acid testing or rapid antigen testing
- At least 3 months from the onset of proven COVID-19 with symptoms that have persisted for 2 months with no other alternative diagnosis. Symptoms known or suspected to be associated with Long COVID/PASC

Exclusion (2)

- Unable or unwilling to provide consent
- Unable or unwilling to attend study visits

Locations (3 total)

The Royal Adelaide Hospital - Adelaide, SA, Australia
The Queen Elizabeth Hospital - Woodville, SA, Australia
Repatriation General Hospital - Daw Park, SA, Australia