

Exploring first time mothers' knowledge and experience of induction of labour

ACTRN12622000983707

Status	RECRUITING
Sponsor	Royal Prince Alfred Hospital - Women and Babies
Enrollment	100 participants

Plain Language Summary

Induction of labour — where doctors use medication or procedures to start labour artificially before it begins on its own — is a common part of modern maternity care. Yet many first-time mothers arrive at this procedure feeling underprepared or uncertain about what to expect. This study explores how well first-time mothers understand and experience induction of labour, and whether antenatal education and shared decision-making help them feel more prepared and satisfied with their birth experience.

The study uses a combination of a detailed survey and an audio-recorded interview conducted with participants 6–8 weeks after giving birth. It is based at the Royal Prince Alfred Hospital Women and Babies Department in Sydney. Medical records will also be reviewed to track pregnancy and birth outcomes.

You may be eligible if you are a first-time mother who had your labour induced, can read and understand English, and gave birth at a participating hospital. Women who were too unwell to participate, had a baby who required intensive care admission, or experienced a stillbirth are not eligible for this study.

Key Eligibility Criteria

Inclusion (3)

- Primiparous
- Had induction of labour
- Able to read and understand English language

Exclusion (5)

- Women who are too unwell to participate or admitted to ICU
- Women who have critically unwell babies admitted to NICU/Newborn Care Department
- Women who have had induction of labour for stillborn baby
- Women who decline participation when approached for study
- Twin/Multiple pregnancy

Locations (1 total)

Royal Prince Alfred Hospital - Camperdown, NSW, Australia

<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12622000983707>

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