

Diabetes Alliance: Adult Diabetes Integrated Care Delivered in General Practice

ACTRN12622001438741

Status	RECRUITING
Sponsor	Associate Professor Shamasunder Acharya
Enrollment	6,000 participants

Plain Language Summary

The Diabetes Alliance program is designed to bring specialist diabetes care directly into general practice in regional, rural, and remote parts of Australia — areas where people with diabetes often have difficulty accessing endocrinologists and specialist diabetes teams. Rather than requiring patients to travel long distances for specialist care, the program links hospital-based diabetes specialists with local GP practices, enabling shared expertise, case conferencing, and training to improve the quality of diabetes management at the primary care level.

The study compares outcomes for patients with diabetes in general practices that receive the full Diabetes Alliance intervention against those in practices that do not. The intervention focuses on three main activities: regular case conferencing about complex patients, monitoring how each practice is performing against clinical benchmarks, and providing education sessions for GPs and practice nurses.

You may be eligible if you are an adult aged 18 or older with a diagnosis of any type of diabetes, and are an active patient of a general practice enrolled in the study. "Active" means you have had at least three visits to that practice in the past two years. The study is conducted across regional and rural Australian communities.

Key Eligibility Criteria

Inclusion (3)

- General practices that consent to receiving the Diabetes Alliance intervention.
- Adults with a diagnosis of diabetes who are active patients of the enrolled general practices.
- Active patients are defined as having 3 or more visits to the general practice in the past 2 years.

Exclusion (2)

- General practices that do not receive the Diabetes Alliance intervention.
- Patients <18 years of age.

Locations (1 total)

NSW, Australia