

# What do patients and doctors think about alternative bowel screening strategies for people needing colonoscopy?

ACTRN12623000146695

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Status	RECRUITING
Sponsor	Flinders University of South Australia
Enrollment	2,400 participants

## Plain Language Summary

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This study is about understanding what patients and doctors think about different ways to check for bowel cancer. Right now, a colonoscopy (a camera test inside the bowel) is the standard way to look for problems, but researchers want to know if simpler options — like stool tests or blood tests — might be just as acceptable to patients and doctors.

If you are an adult scheduled for a colonoscopy due to symptoms or routine monitoring at certain hospitals in South Australia, you may be invited to complete two surveys: one before and one about a month after your procedure. Doctors including surgeons, gastroenterologists, and GPs are also being surveyed. The surveys ask about your experience, your knowledge of bowel cancer screening, and your feelings about different testing options.

The goal is to find out how much people trust and accept simpler bowel tests, which could eventually reduce the number of colonoscopies needed and make the healthcare system more efficient. You might be eligible if you are over 18, are having a colonoscopy for symptoms or surveillance, and are willing to fill in up to two surveys.

## Key Eligibility Criteria

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### Inclusion (8)

- Inclusion for colonoscopy consumers:
  - )over 18 years of age
  - )undergoing a colonoscopy for the indications of symptoms and/or surveillance at an approved study site
  - )willing to complete up to two surveys
- Inclusion for clinicians:
  - ... and 3 more (see full listing online)

### Exclusion (5)

- Colonoscopy consumers will be excluded if:
  - )they are unable to return their survey prior to undergoing colonoscopy
  - )undergoing a colonoscopy due to a positive faecal occult blood test
- Clinicians will be excluded if:
  - )they possess a perceived or actual conflict of interest relating to the use of non-invasive biomarker tests for gastrointestinal disease screening

## Locations (4 total)

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Flinders Medical Centre - Bedford Park, SA, Australia  
Noarlunga Health Service - Noarlunga Centre, SA, Australia  
Tennyson Centre Day Hospital - Kurralta Park, SA, Australia  
... and 1 more locations

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<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12623000146695>

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