

Tu Whakaruruhau: The New Zealand Methamphetamine Treatment Evaluation Study

ACTRN12623000438651

Status	RECRUITING
Sponsor	University of Auckland
Enrollment	320 participants

Plain Language Summary

Methamphetamine (also known as meth or ice) is a highly addictive drug that causes serious harm to physical and mental health. Many people who use it regularly want to stop or cut down, but effective treatment options in New Zealand are limited. This study wants to understand which types of treatment actually help people reduce their use and improve their wellbeing.

Researchers in the Northland, Auckland, and Waikato regions of New Zealand will follow two groups of people: those who are currently in treatment for methamphetamine use, and those who are struggling with use but not currently in any formal treatment. Both groups will be interviewed and followed over time to track changes in drug use, health, and life circumstances.

You may be eligible if you are 18 or older, live in one of the listed regions, and methamphetamine is your main drug of concern. People in the not-in-treatment group need to score 4 or more on a standard substance use scale. The goal of the study is simply to learn what helps — it is observational, meaning there is no new drug or therapy being tested.

Key Eligibility Criteria

Inclusion (6)

- Methamphetamine is the main drug of concern
- Participants are aged 18 years of age or over
- Participants have no severe cognitive disability that may affect their capacity to take part
- Participants live in the Northland, Auckland, or Waikato regions of New Zealand.
- Participants in the in-treatment-group will include those who have been admitted to treatment within the last two weeks of been screened for the study.

... and 1 more (see full listing online)

Exclusion (1)

- People who, in the last 30 days, have received any treatment for methamphetamine /amphetamine use, any in-patient drug treatment or imprisonment. NB: Participants in treatment will not be eligible to participate in this study if they received any treatment for methamphetamine /amphetamine use (any in-patient drug treatment or imprisonment, in the 30 days prior to starting the current treatment episode).

Locations (3 total)

Auckland, New Zealand
Northland, New Zealand
Waikato, New Zealand

<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12623000438651>

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