

Strengths-based, tiered, accessible, resources and supports (STARS for Kids) program

ACTRN12624000806561

Status	RECRUITING
Sponsor	University of New South Wales, Sydney (UNSW)
Enrollment	420 participants

Plain Language Summary

Every nine minutes in Australia, a child is born at risk of developmental challenges — things like speech delays, autism, or other conditions that can affect how they learn and grow. Yet many children miss out on early support because the system is fragmented and hard to navigate for families, particularly in culturally and linguistically diverse or rural communities.

The STARS for Kids program is a co-designed initiative that aims to improve how developmental challenges are identified and addressed in young children aged 6 months to 3 years. It uses technology and a tiered approach to connect families with the right level of support early, before problems become more serious. This study is evaluating the program at three sites in New South Wales and Western Australia.

You may be eligible to participate as a parent or carer if you have a child aged 6 months to 3 years and attend healthcare or community services at one of the participating sites. Healthcare providers at those sites are also invited to take part.

Key Eligibility Criteria

Inclusion (9)

- Parents/Carers
- Participants will include parents/carers of children aged 6 months to 3 years at the three sites (South Western Sydney and Taree in NSW, Wannero in WA) attending GP, child and family or other health services, supported playgroups, and other social care groups, etc.
- Ability to provide informed consent.
- Service Providers (For the implementation evaluation phase only)
- Service providers providing care at relevant sites
- ... and 4 more (see full listing online)

Locations (1 total)

NSW,WA, Australia

<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12624000806561>

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