

iSISTAQUIT Ngurrajili (implementing Supporting Indigenous Smokers to Assist Quitting) Scale-Up in Indigenous populations of Australia

ACTRN12624001219572

Status	RECRUITING
Sponsor	Southern Cross University
Enrollment	150 participants

Plain Language Summary

Smoking rates among Aboriginal and Torres Strait Islander pregnant women remain significantly higher than in the general population, partly due to a lack of culturally appropriate support and partly because many healthcare providers feel under-equipped to have smoking cessation conversations. The iSISTAQUIT program provides brief, culturally sensitive training for health providers to help them support Indigenous pregnant women who smoke to quit.

This study, called iSISTAQUIT Ngurrajili, is testing the best way to roll out this training at scale across Aboriginal and mainstream health services in Australia. It focuses on health professionals — not pregnant women directly — and looks at what makes the training sustainable and cost-effective in real-world health settings.

You may be eligible if you are a health professional working at an Aboriginal and Torres Strait Islander health service or a mainstream health service that cares for pregnant Indigenous women. There are no exclusion criteria. Quitting smoking during pregnancy is one of the most powerful things a woman can do for her baby's health, and this study aims to ensure more women get the support they need to succeed.

Key Eligibility Criteria

Inclusion (1)

- Health Professionals who work at Aboriginal and Torres Strait Islander Health Services or Mainstream health services that care for pregnant Indigenous women.

Exclusion (1)

- None

Locations (1 total)

ACT,NSW,NT,QLD,SA,WA,VIC, Australia

<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12624001219572>

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