

Feasibility, acceptability and preliminary efficacy of implementing streamlined colonoscopy surveillance practices in South Australia for individuals who are at an increased risk for bowel cancer (the SCOPES program).

ACTRN12624001429549

Status	RECRUITING
Sponsor	Flinders University
Enrollment	1,290 participants

Plain Language Summary

Bowel cancer (colorectal cancer) is one of the most common cancers in Australia, but it is also one of the most preventable when caught early. People who have had polyps removed during a colonoscopy or who have a family history of bowel cancer often need regular follow-up colonoscopies — a process called surveillance. However, not everyone receives these follow-ups at the right time or frequency, creating gaps in care.

The SCOPES program is a digital system being introduced across five South Australian hospital networks to streamline how colonoscopy surveillance is recommended and tracked. It uses data linkage and smart algorithms to help ensure patients receive guideline-based recommendations for when their next colonoscopy should occur. The study will assess whether this program is practical to run, whether patients and clinicians find it acceptable, and whether it improves care compared to the previous approach.

You may be eligible if you are an adult patient at one of the participating South Australian hospitals who is scheduled for or has recently had a colonoscopy, flexible sigmoidoscopy, or bowel surgery. No special procedures are required from participants beyond completing surveys about your experience. The program is designed to improve consistency and reduce inequalities in who receives appropriate follow-up care.

Key Eligibility Criteria

Inclusion (3)

- All patients who undergo lower gastrointestinal procedures (e.g. colonoscopy, flexible sigmoidoscopy, colorectal surgery) at participating hospitals, will have their procedure related data included into the SCOPES clinical data collection.
- Individuals will be eligible for participation in the baseline surveys if they are scheduled for a colonoscopy.
- Individuals will be eligible for participation in the feasibility surveys or interviews if they have undergone a surveillance colonoscopy.

Exclusion (2)

- Individuals who are not undergoing lower gastrointestinal procedures (e.g. colonoscopy, flexible sigmoidoscopy, colorectal surgery) through one of the participating hospitals
- Individuals who opt-out of receiving any further surveys, will be excluded from being sent any further surveys.

Locations (1 total)

SA, Australia

<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12624001429549>

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