

A Physician-Pharmacist Partnership Intervention for Deprescribing (P3iD) among Older Adults Attending a Falls and Syncope Clinic: Protocol for a Randomised Controlled Trial

ACTRN12625000121460

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| Status | RECRUITING |
| Sponsor | Universiti Malaya-Department of Medicine Research Support Fund, Faculty of Medicine |
| Enrollment | 140 participants |

Plain Language Summary

As we get older, we often end up taking many different medications for multiple health conditions. Some of these medicines may no longer be necessary or may even increase the risk of falls. This study is testing a team approach — where a pharmacist and doctor work together — to safely reduce or stop unnecessary medications in older adults who attend a falls and balance clinic.

The program involves five steps: identifying potentially risky medications, deciding which ones to stop first, carefully withdrawing them, monitoring the person closely, and documenting everything. The goal is to reduce the burden of medicines while keeping people healthy and reducing their risk of falling. The study is being conducted at a teaching hospital in Kuala Lumpur, Malaysia.

If you are 60 years or older, have at least one long-term health condition requiring medication, and attend the falls and syncope clinic, you may be eligible. There are no strict exclusion criteria for patients, though your doctor's participation in the study is also required. This study is about helping older adults live more safely with fewer, better-targeted medications.

Key Eligibility Criteria

Inclusion (1)

- Patients:

Exclusion (6)

- Doctors:
- Geriatricians, internal and family physicians undergoing subspecialty training in geriatric medicine and medical officers working at the centre will be recruited.
- Patients
- For patients who may lack mental capacity, consent will be sought from the physician overseeing the participant's care, who will also be recruited into the study. If the physician determines that participation in the RCT is unsuitable for the participant based on clinical judgment, the participant will be excluded. Additionally, if a potential participant's physician declines to participate and the participant chooses to remain under their care, the participant will also be excluded.
- Doctors

... and 1 more (see full listing online)

Locations (1 total)

Malaysia

<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12625000121460>

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