

EPIC-ND: a multisite, randomised controlled trial evaluating the effectiveness of social prescribing for children with a neurodisability and their parent/carers

ACTRN12625000324415

Status	RECRUITING
Sponsor	The University of Sydney
Enrollment	392 participants

Plain Language Summary

Families caring for children with a neurodisability — such as cerebral palsy — often face everyday challenges beyond the medical: difficulty accessing school support, housing stress, trouble paying bills, or navigating government benefits. When these basic needs go unmet, the wellbeing of both the child and the family suffers. This trial is testing a program that connects families with a 'Community Linker' — a person who provides one-on-one support to help families find and access local services.

Families will be randomly assigned to receive either a resource pack with information about local supports, or the resource pack plus dedicated Community Linker support. Researchers will measure how well families are able to address their social needs, and how this affects their quality of life over time.

You may be eligible if you are the parent or carer of a child aged 0 to 17 with a confirmed neurodisability, live in New South Wales or the ACT, and are currently a patient at one of three Sydney paediatric rehabilitation centres. You must have at least one unmet social need (such as housing, food, transport, or access to schooling).

Key Eligibility Criteria

Inclusion (10)

- Eligible parent/carer (and their child/young person) participants:
- Each participant must meet all the following criteria to be enrolled in this study:
 - Parent/carer of a child (aged 0-17 years inclusive) with a confirmed diagnosis of a neurodisability attending one of the following tertiary Paediatric Rehabilitation Departments: Kids Rehab, the Children's Hospital at Westmead; Rehab2Kids, Sydney Children's Hospital; HNEkidsRehab, John Hunter Children's Hospital.
 - Reside in New South Wales or the Australian Capital Territory.
 - Provide informed consent.

... and 5 more (see full listing online)

Exclusion (1)

- Family already enrolled and assigned a research participant ID.

Locations (3 total)

The Children's Hospital at Westmead - Westmead, NSW, Australia
Sydney Children's Hospital - Randwick, NSW, Australia
John Hunter Children's Hospital - New Lambton, NSW, Australia

<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12625000324415>

DISCLAIMER: This document is for informational purposes only and does not constitute medical advice. Always consult your healthcare provider before enrolling in any clinical trial. Information may not be up to date — verify details at anzctr.org.au. Generated by ClinicalTrialsFinder.org.