

Evaluation of the effectiveness of an eLearning program for health professionals managing people with osteoarthritis: a mixed methods prospective cohort study and randomised trial

ACTRN12625000787482

Status	RECRUITING
Sponsor	The University of Sydney
Enrollment	102 participants

Plain Language Summary

Osteoarthritis — the most common joint condition — affects millions of Australians, causing pain, stiffness, and reduced mobility. Evidence-based care (such as exercise and education) is highly effective, but many health professionals haven't been trained to deliver it, and patients often receive outdated advice like 'rest and avoid activity' or are steered towards unnecessary imaging and surgery.

This study is evaluating a new online eLearning program designed to help health professionals and students learn how to deliver best-practice osteoarthritis care. The program is assessed through surveys and knowledge tests before and after completion, and a randomised sub-study compares immediate access to the program against a delay.

You may be eligible if you are a registered healthcare professional (such as a physiotherapist, GP, or nurse) who sees patients with osteoarthritis, or a student in a health or medical degree, and you have access to a device with internet. People who already rate their osteoarthritis knowledge and confidence above 80% on a simple scale are not eligible, as the program is designed for those with room to grow.

Key Eligibility Criteria

Inclusion (3)

- Registered healthcare professionals who manage people with osteoarthritis (OA) within their scope of practice, or a university student studying a health or medical degree.
- Have access to or ownership of a smart device (laptop, tablet, mobile phone) and access to the internet.
- And can read and understand English.

Exclusion (1)

- Provide a confidence in knowledge and skills score greater than 80% at baseline on a 11-point Numerical Rating Scale (0-10)

Locations (4 total)

New Zealand
Ireland
United Kingdom
... and 1 more locations

<https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=ACTRN12625000787482>

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