

Mid-term effects of a parenting program on early childhood development and maternal health

ACTRN12625001113448

Status RECRUITING
Sponsor Monash University
Enrollment 1,168 participants

Plain Language Summary

The first years of a child's life have a profound impact on their long-term health and development. This follow-up study is revisiting children who were part of an earlier trial in Vietnam, where their mothers participated in a structured community parenting programme from mid-pregnancy through the baby's first year of life. The programme involved group sessions that taught parents about nurturing care, responsive parenting, and early childhood stimulation.

The goal of this follow-up is to find out whether the benefits of that early parenting programme have lasted. Specifically, researchers will test the children's intellectual abilities now that they are approximately seven to nine years old, to see whether those who had access to the programme as infants are performing differently to those who did not.

You may be eligible if you are a mother-child pair who completed the baseline survey of the original trial (registered as ACTRN12617000442303) and your child is alive and living in Ha Nam or Hanoi. Children who have sadly passed away are excluded from the study.

Key Eligibility Criteria

Inclusion (1)

- Mother-child dyads who completed the baseline survey of the original trial (ACTRN12617000442303) and whose children are alive and residing in Ha Nam or Hanoi will be eligible to participate in the follow-up study.

Exclusion (1)

- Children who have died will be recorded and excluded.

Locations (1 total)

Ha Nam Province, Viet Nam