

# Gut Flora Metabolite Reduction After Dietary Intervention (GRADY)

NCT02016430

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	The Cleveland Clinic
<b>Enrollment</b>	170 participants

## Key Eligibility Criteria

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### Inclusion (11)

- Men and women age 18 years or above.
- Elevated TMAO metabolizers ( $>5 \mu\text{M}$ ) based on screening test and/or eGFR  $< 60$  at most recent measurement.
- Willing to remain on aspirin or able to be off aspirin or aspirin products for 1 week prior to starting the study and staying on the same aspirin regimen during the duration of the study.
- Willing to sign the consent form and follow the study protocol, which includes a 12-week dietary modification.
- Men and women age 18 years or above.

... and 6 more (see full listing online)

### Exclusion (6)

- Significant chronic illness or end-organ dysfunction, including known history of uncompensated heart failure, renal failure, pulmonary disease, hematologic diseases.
- Active infection or received antibiotics within 2 months of study enrollment
- Use of over-the-counter probiotic within past month, or ingestion of yogurt within past 7 days
- Having undergone bariatric procedures or surgeries such as gastric banding or bypass.
- Pregnancy.

... and 1 more (see full listing online)

## Locations (1 total)

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Cleveland Clinic, Cleveland, Ohio, United States