

Psychological Treatments for Youth With Severe Irritability.

NCT02531893

Status	RECRUITING
Sponsor	National Institute of Mental Health (NIMH)
Enrollment	200 participants

Key Eligibility Criteria

Inclusion (15)

- Age 8-17 years
- Must be enrolled into NIMH DIRP protocol 02-M-0021, Characterization and Pathophysiology of Severe Mood and Behavioral Dysregulation in children and youth.
- Must meet DSM 5 diagnostic criteria for DMDD which are (for CBT, must meet lifetime history of either DMDD or one of two core DMDD criteria \[b or c\]):
- Must meet all of the following:
- Diagnosis must first be made between ages 6-18 years
- ... and 10 more (see full listing online)

Exclusion (11)

- The individual exhibits any of these cardinal bipolar symptoms:
- Elevated or expansive mood.
- Grandiosity or inflated self-esteem.
- Decreased need for sleep.
- Increase in goal-directed activity (this can result in the excessive involvement in pleasurable activities that have a high potential for painful consequences).
- ... and 6 more (see full listing online)

Locations (1 total)

National Institutes of Health Clinical Center, Bethesda, Maryland, United States