

# Comparing the Outcome of Electrical Stimulation and Physical Therapy in Patellofemoral Pain Syndrome

NCT03184545

---

Status	RECRUITING
Phase	Phase 3
Sponsor	Northwell Health
Enrollment	92 participants

## Key Eligibility Criteria

---

### Inclusion (5)

- Bilateral/unilateral anterior knee pain for more than 3 months
- Age of patient 18 to 40 years
- At least 3 of the 4 following criteria present: pain associated with prolonged sitting with knees bend, pain with going downstairs, kneeling and squatting or sports activities
- No h/o injury
- No h/o surgery to the knee

### Exclusion (8)

- H/o patellar dislocation or subluxation
  - Associated bursitis, tendinitis in periarticular area
  - Ligamentous problems
  - Intra-articular pathology
  - Pregnancy (patient reported pregnancy, in case of doubt patient will be referred to their OBG/GYN physician to exclude the pregnancy)
- ... and 3 more (see full listing online)

## Locations (1 total)

---

New York Bone and Joint Specialists, New York, New York, United States