

Dietary Omega-7 Palmitoleic Acid-Rich Oil on Lipoprotein Metabolism and Satiety in Adults

NCT03372733

Status	RECRUITING
Phase	Phase 2
Sponsor	National Heart, Lung, and Blood Institute (NHLBI)
Enrollment	110 participants

Key Eligibility Criteria

Inclusion (5)

- Male and female participants 18 years of age or above.
- Subject must be healthy, with no known history of cardiovascular disease.
- Post-menopausal or women of childbearing potential must be non-lactating and using an effective form of birth control during the course of the study.
- Subject understands protocol and provides written, informed consent in addition to a willingness to comply with specified follow-up evaluations.
- Subjects with triglyceride levels above 100 mg/dL

Exclusion (16)

- Pregnancy, planned pregnancy (within the study period), or women currently breastfeeding.
- Subjects with allergy or known hypersensitivity to fish, omega-3-acid ethyl esters, omega-7 ethyl esters, other related drugs, or any component of study drugs
- Subjects with weight changes greater than 20% over the past 3 months.
- Subjects planning a significant change in diet or exercise levels.
- Subjects already consuming more than 2 g per day of MUFA, PUFA or other forms of fatty acid supplement if determined by the investigator as having a potential to interfere in the data quality or patient safety.

... and 11 more (see full listing online)

Locations (1 total)

National Institutes of Health Clinical Center, Bethesda, Maryland, United States