

Effects of Mixed Nut Consumption on Satiety and Weight Management

NCT03375866

Status	RECRUITING
Phase	Not Applicable
Sponsor	San Diego State University
Enrollment	56 participants

Key Eligibility Criteria

Inclusion (2)

- years old
- BMI 27-40

Exclusion (5)

- Smoker
- Pregnant woman
- Required dietary supplement use
- Required medication of metabolic disorders
- Allergy to nuts or gluten

Locations (1 total)

School of Exercise and Nutritional Sciences, SDSU, San Diego, California, United States