

Effects of Fresh Watermelon Consumption on Satiety and Cardiometabolic Health

NCT03380221

Status	RECRUITING
Phase	Not Applicable
Sponsor	San Diego State University
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (2)

- years old
- BMI 25-40

Exclusion (5)

- Smoker
- Pregnant woman
- Required dietary supplement use
- Required medication of metabolic disorders
- Allergy to watermelon or gluten

Locations (1 total)

Exercise and Nutritional Sciences, SDSU, San Diego, California, United States