

Improving Sleep Quality During Pregnancy Using an Oral Appliance

NCT03646214

Status	RECRUITING
Phase	Not Applicable
Sponsor	Texas A&M University
Enrollment	20 participants

Key Eligibility Criteria

Inclusion (6)

- Pregnant adults who snore
- At least 8 teeth per arch
- Mallampati score from I to II
- Palatine tonsils grade 0,1 or 2
- Capable of giving verbal and written informed consent
- ... and 1 more (see full listing online)

Exclusion (8)

- Pregnant \gt 32 weeks
- Uncontrolled serious health issues
- Cardiovascular or cardiac rhythm disorders
- Pharmacological dependency
- Concomitant use of hypnotic agents or other sleep aids, nicotine or alcohol
- ... and 3 more (see full listing online)

Locations (1 total)

Texas A&M University College of Dentistry, Dallas, Texas, United States