

Inspiratory Muscle Training X CardioBreath App Effects On Vagal Modulation And Pulse Wave Velocity

NCT03672760

Status	RECRUITING
Phase	Not Applicable
Sponsor	Instituto de Cardiologia do Rio Grande do Sul
Enrollment	24 participants

Key Eligibility Criteria

Inclusion (3)

- Follicle Stimulating Hormone (FSH)\>35mUI/ml
- minimum 12 months amenorrhea
- sedentary life style (less than 150 minutes per week of exercise)

Exclusion (9)

- Hypertension
 - Diabetes
 - Obesity
 - Use of Betablockers
 - recent cardiovascular events or surgery
- ... and 4 more (see full listing online)

Locations (1 total)

Instituto de Cardiologia do Rio Grande do Sul, Porto Alegre, Rio Grande do Sul, Brazil