

# Outcomes of Low-Impact Exercise Program for People With Ankle, Knee, and/or Hip Pain

NCT03711773

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Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Missouri-Columbia
Enrollment	10,000 participants

## Key Eligibility Criteria

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### Inclusion (4)

- and over
- Ability to attend classes 3x weekly for 6 months with at least a 66% attendance rate
- Ability to concurrently attend standard of care dietitian and behavioral health classes for 6 months
- Joint pain (knee, ankle, hip)

### Exclusion (2)

- Pregnant
- Prisoners

## Locations (1 total)

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Missouri Orthopaedic Institute, Columbia, Missouri, United States