

# Long-term, Substantial Weight Loss and Insulin Regulation of Lipolysis

NCT03868592

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Mayo Clinic
Enrollment	30 participants

## Key Eligibility Criteria

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### Inclusion (2)

- BMI 40 - 50 kg/m<sup>2</sup>.
- No active physical illness that would interfere with mobility or weight loss after bariatric surgery

### Exclusion (8)

- Type 1 or Type 2 Diabetes diagnosis or fasting plasma glucose  $\geq 126$  mg/dL
- Active coronary artery disease
- Participation in structured exercise ( $\geq 2$  times per week for 30 minutes or longer)
- Smoking
- Medications known to affect adipose tissue metabolism (e.g., beta blockers, corticosteroids)

... and 3 more (see full listing online)

## Locations (1 total)

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Mayo Clinic, Rochester, Minnesota, United States